



AIM2EXCEL
Maximising Potential

AIM BLUEPRINT

NAME

Faisal

GRADE

10

GENDER

Boy

SCHOOL

Kunskapsskolan



AIM2EXCEL SAMPLE REPORT

Foreword



*Dr. Ben Bernstein is an award-winning Performance Psychologist. The author of the best-selling **Crush Your Test Anxiety: How to Be Calm, Confident and Focused on Any Test**, as well as **The Teen's Guide to Success**, and **Stressed Out! for Parents**, 'Dr B' lectures and conducts workshops internationally. He and his wife divide their time between Northern California and Southern Tamil Nadu.*

It is my honor to write this Foreword.

For the last forty-five years I have been working as a practicing psychologist and educator. I am known as a "Performance Coach," and work with students, athletes, business executives, healthcare professionals, parents, teachers, stage performers and celebrities to give them the tools they need to perform at their best. I have authored three books and have received major awards by the U.S. and Canadian governments.

The AIM2EXCEL assessment is vitally needed. Today's students are deluged by a dizzying array of subjects and activities and parents are confused by which direction their child should go in. AIM2EXCEL pinpoints a child's innate strengths and interests so the right choices can be made which will support the child's inner drives so he or she can be motivated, focused and successful. AIM2EXCEL answers pressing questions: What subjects and activities is my child best suited for? In what career will he or she most likely succeed?

I am personally motivated to support this project. It would have helped me and my parents greatly when I was a youngster. My parents wanted me to be a medical doctor, but I struggled miserably in subjects I was not suited for. It took many years to sort out what was best for me. As a practicing psychologist, I have witnessed the same, sad phenomenon in many clients. AIM cuts short this process, giving students and parents the opportunity, much earlier on, for a rich and fulfilling life.

AIM2EXCEL identifies parents as active members in their child's development who take the time to understand and manage their expectations along with their child's. AIM2EXCEL mentors devise a personalized, actionable growth plan by receiving input from the parents on child's past performance in academic and extra-curricular domains.

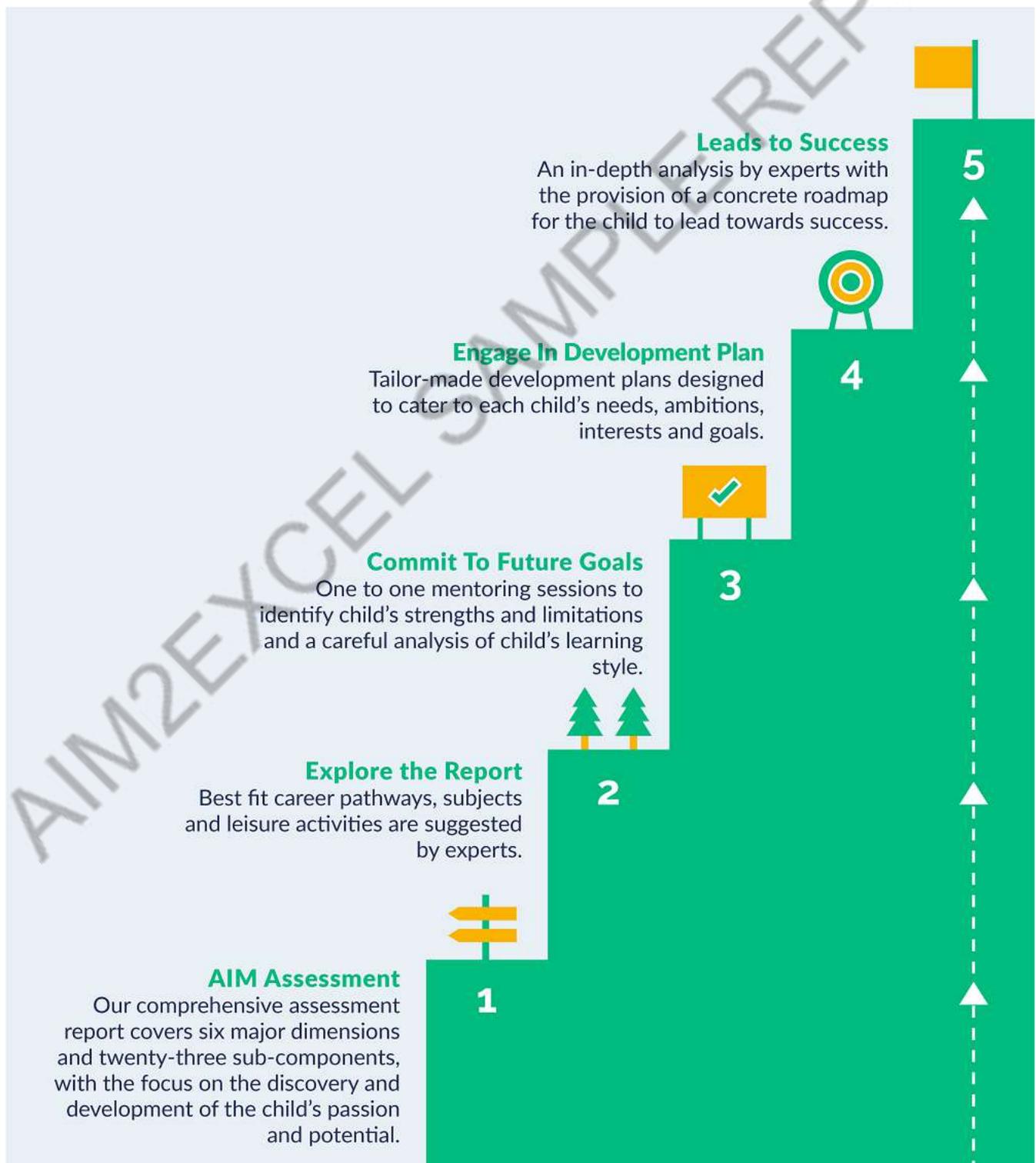
I trust you will be as impressed as I am with the thought, care and vision that is AIM2EXCEL. You will be doing yourself, and even more, your child, a great benefit by utilizing this visionary service. It has the potential to be a game-changer not only in India, but worldwide.



Dr Ben Bernstein
Performance Psychologist
Ph.d, Applied Psychology, University of Toronto

Methodology

Welcome to the enlightening journey of exploring your child's potential and developing 21st century life skills. Empower your child to withstand the increasing competition and induce valuable life skills through AIM2EXCEL's informed career planning and advanced skill development program. We use our proprietary algorithm to recommend careers which are based on original and comprehensive career profiles. These profiles have been developed through in-depth interviews of the professionals having a cumulative experience of 20+ years for each career path. With AIM2EXCEL's unique assessment and personalized mentoring session you can make your child future ready and set him/her on a journey of lifelong success.



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Best fit careers

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Find your best fit

For each career path, Faisal's profile was matched with that of successful Indian professionals. To create these original and comprehensive profiles, Aim2Excel researchers conducted in-depth interviews of the professionals having a cumulative experience of 20+ years. This enables us to identify the 3 best-fit Career Paths for Faisal. Also, for each Career Path, we have identified which subjects he should focus on and which leisure activities he should pursue. Since these paths do not take into account the subject combination in 10+2, some career paths may seem incongruent to your present subjects/field of study.



DEFENSE

Subjects

- Mathematics
- Physical Sciences (Physics, Chemistry)
- Language

Leisures

- Adventure Sports like Bungee Jumping and Skydiving
- Mountain Climbing
- Model car/aircraft building



SOFTWARE ENGINEERING & IT

Subjects

- Computer Science/IT
- Mathematics
- Physical Sciences (Physics, Chemistry)

Leisures

- Board/Table Game like Chess, Monopoly, Scrabble
- Computer Programming, Robotics
- Computer hacking



CORE ENGINEERING

Subjects

- Computer Science/IT
- Mathematics
- Physical Sciences (Physics, Chemistry)

Leisures

- Computer Programming, Robotics
- Model car/aircraft building
- Mountain Climbing

Self exploration

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Build your Self- Concept

Different people have different abilities and personality traits. These abilities and personality traits make us unique. We have identified which of Faisal's talents, traits and abilities stand out. While Cognitive Intelligence abilities contribute to Faisal's talent, his strengths have been derived from Emotional Intelligence, Social Intelligence and Motivation. Since we want him to maximize his academic performance and well-being, we have also specified those abilities where his performance is much higher than other areas. Hence, you may also come across abilities with a "Medium" score listed in Talents and Strengths.



TALENTS

- **Excellent Verbal Knowledge**
- **Fair Working Memory**



TRAITS

- **Highly Conformist**



STRENGTHS

- **Excellent Emotional Knowledge**
- **Excellent Social Knowledge**
- **Fair Emotional Management**



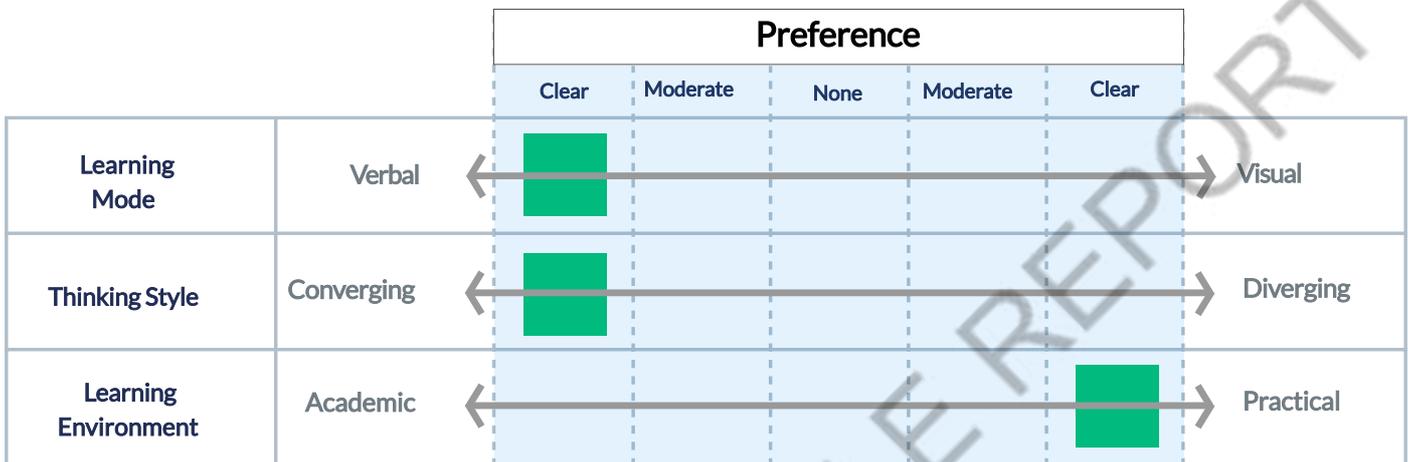
LIMITATIONS

- **Poor Fluid Reasoning**
- **Poor Instrumentality Motivation**
- **Poor Valence Motivation**

INTEREST

Faisal likes to work with Things.

Learning Styles & Strategies



Learning Style is the characteristic way in which each individual begins to concentrate, process, and retain new and complex information. Individuals who adopt learning strategies matched to their learning styles are more engaged and develop a sense of control. As a result, they have higher self-esteem and motivation which ultimately leads to better academic performance. Please note that the various learning styles are points along a scale that help us to discover how an individual learns, not how well one learns. Also, we are capable of learning under any style, no matter what our preference may be.



Learning Mode
Clearly Verbal

INFERENCE

Faisal likes to get most of his information through the medium of written or spoken words. He has a preference for text based knowledge in the form of manuals, reports, essays and assignments. He likes to play on the meaning or sound of words, such as tongue twisters, rhymes, limericks and the like. He loves to find meanings of new words and tries to use them when talking to others or writing a text. He also might prefer the use of lists, diaries, dictionaries, thesaurus, quotations and text based programs on internet like powerpoint presentations.

RECOMMENDATIONS

In order to help Faisal learn better using Verbal Learning Style, he should rewrite ideas/principles in other words. He must get into the habit of reading notes silently and many times. It will also be helpful to organize diagrams, graphs etc. into statements. For example, "The trend is..." By turning actions, diagrams and charts into words, learning will improve. Please note that conventional schools put more emphasis on learning verbally as classroom instruction happens orally and examination also requires students to present their answers verbally. Hence, a verbal preference puts Faisal at a slight advantage.



Thinking Style

Clearly converging

INFERENCE

Faisal likes to solve issues by using logic and reasoning. He prefers technical tasks and is less concerned with people and interpersonal aspects. Accuracy and standardization is very important to him. There should always be a single answer to a single, clear question. So, clarity, repetition and recognition are also important. He likes to experiment with new ideas, to simulate and to work with practical applications. He would prefer standardized multiple choice question papers instead of questions with no specific answer.

RECOMMENDATIONS

In order to help Faisal learn better using the Converging learning Style, it is suggested that he should take up projects where he has to analyze and choose the best solution. He should try experimenting with new ideas by using his logical mind. He should set concrete goals for himself. Since, decision-making is the core of this learning style, he should make use of this faculty to find solutions to problems in everyday life as well as in academic and non-academic areas.



Learning Environment

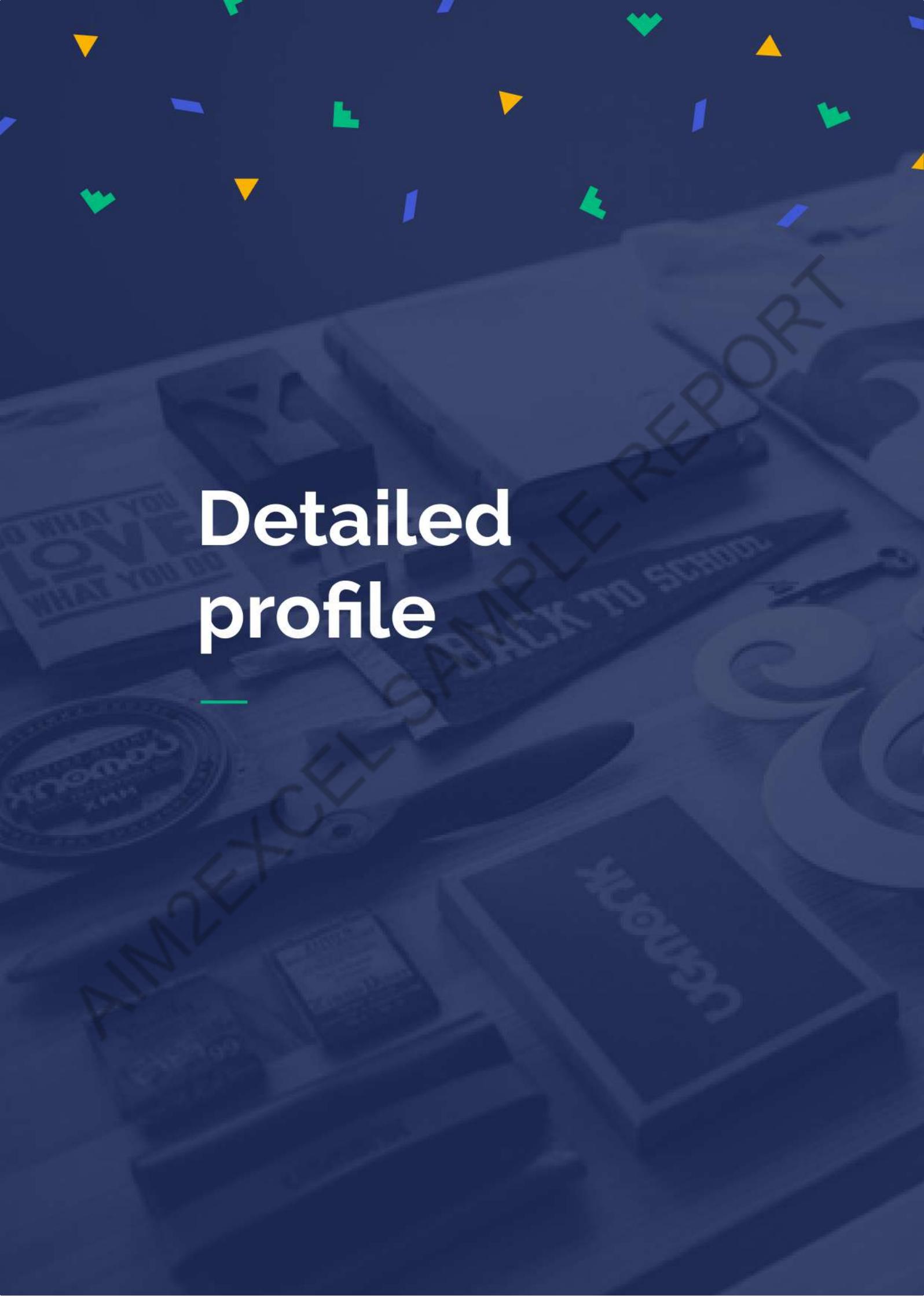
Clearly Practical

INFERENCE

Faisal likes to learn by doing. For example, he would like to learn biology through live samples of flowers and plants. He would prefer short term training to achieve a specific goal or skill. He likes to learn outside the classroom situation. He would be interested in educational trips, excursions and places where he gets opportunity to do hands on activities. He would love learning through experiments. He tends to express interest in healthcare service, technical, protective service and office related activities.

RECOMMENDATIONS

Capitalizing on his preferred learning style would help Faisal to become actively engaged while learning anything. In order to help Faisal learn better using Practical Learning Style, he should commit to definite objectives. Additionally, he should try seeking new opportunities. Dealing with people is one of the core areas where he can work. He should become involved personally in people's life to understand their way of thinking. Influencing and leading others would enhance learning.



Detailed profile

Cognitive Intelligence

Low **Medium** High

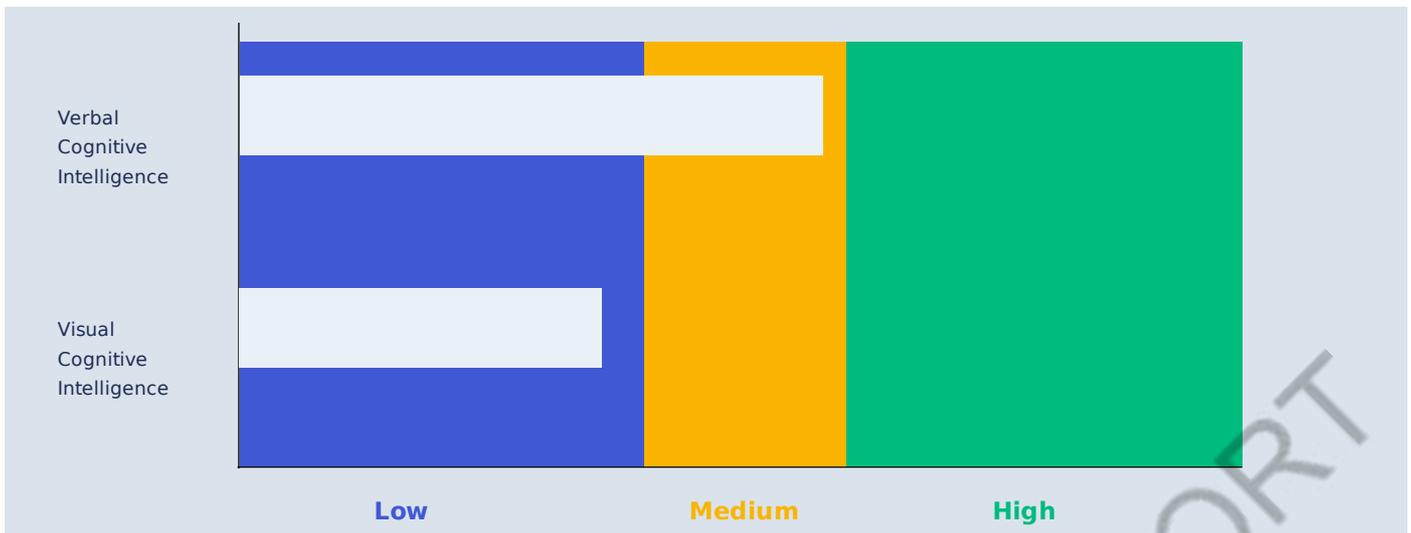


DESCRIPTION

Overall Cognitive Intelligence is the set of abilities that include the ability to easily learn from experience, adapt to surrounding environment, do complex problem solving and decision making. This is because we use our Overall Cognitive Intelligence to scan verbal and visual details to identify important details, to store novel problems with numbers and to store and recall knowledge in our head. Overall Cognitive Intelligence strongly predicts our success at work and our academic performance in school.

INFERENCE

Faisal's overall CI score is medium which means he can attend to and immediately recall information he has just seen or heard, remember the correct set of steps in complex activities like writing essays and express thoughts and ideas in terms of correct word meanings and appropriate for a particular context. However, he struggles with and requires interventions to identify relationships among patterns, learn from experience, adapt to surrounding environment and engage in complex problem solving and decision making.



Verbal Cognitive Intelligence

Low Medium High

DESCRIPTION

Verbal Cognitive Intelligence is the set of abilities that allow an individual to explain details and events with clarity; verbally justify one's logic for answers to problems and remember details of spoken words and sentences. It requires the individual to be attentive to verbal instructions and announcements. Verbal Cognitive Intelligence also allows the individual to comprehend the subtle meaning behind printed and spoken messages and to generalize to additional meanings. Please note that these abilities are important to quickly remember verbal facts and concepts.

INFERENCE

Faisal got a medium score on this dimension which means he can understand the meaning of words, express thoughts and ideas in terms of correct word meaning and context. He is also able to recognize form and understand verbal concepts. However, he has difficulty in drawing the inferences from information that he reads. He also faces difficulties in writing long sentences and paragraphs, comprehending phrases, sentences, idioms and colloquialisms. He would require help in learning a second language.



Visual Cognitive Intelligence

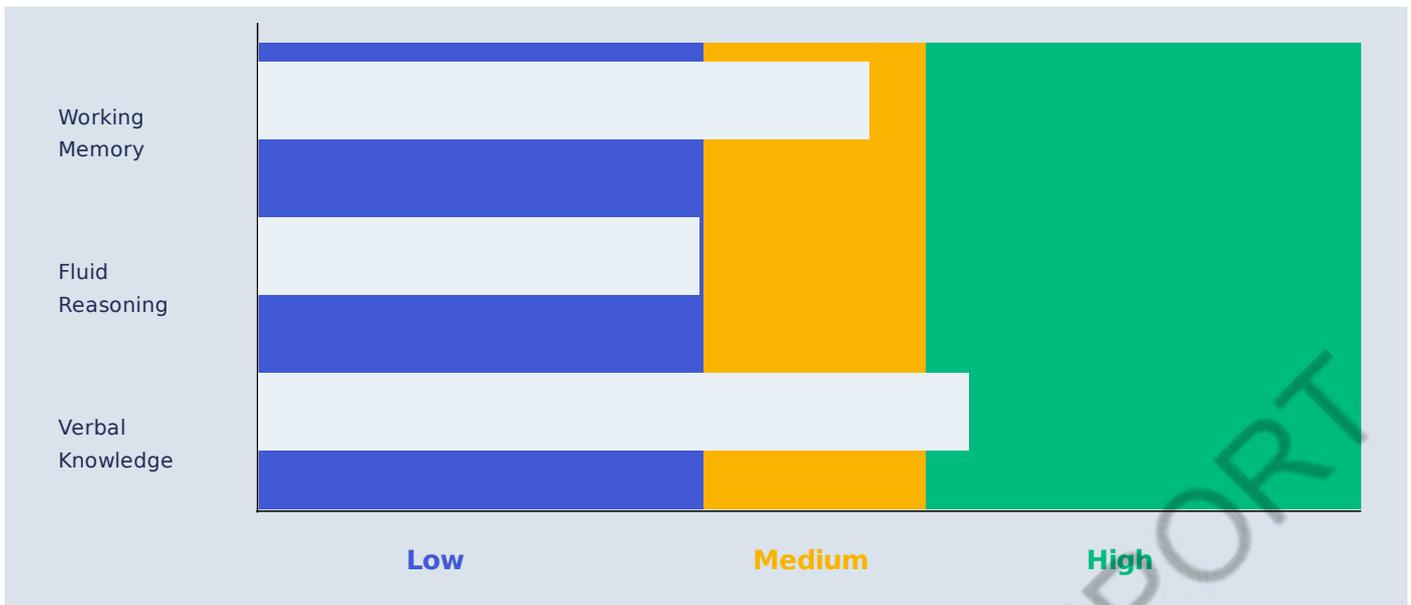
Low Medium High

DESCRIPTION

Visual Cognitive Intelligence is the set of abilities that allow us to visualize the outer world in our mind. This is important in solving the spatial problems of navigation, visualization of objects from different angles and space, or to notice the finer details in surroundings and people. For example when someone asks us for directions, we mentally visualize and tell. Or when we guess mentally whether we will be able to park our car in a given space.

INFERENCE

Faisal got low score on this dimension which means he faces difficulties and require intervention in attending to and immediately recalling information he has just seen, in copying information from near point like textbooks, or from far point like the blackboard. He needs help to arrange materials in space, such as in his desks or lockers or rooms at home. He finds it difficult to make the spatial/visual judgment. He also struggles to understand math concepts in geometry, calculus and other complex areas. He needs help reading charts, maps and blueprints and extracting the needed information.



Working Memory

Low Medium High

DESCRIPTION

Working memory plays an important role in concentration, focusing under pressure, stressful and distracting situations. It is also critical to form an association between a new concept and previous ideas and in learning of different subjects including reading and mathematics. Working Memory is also important for following instructions and holding on to information long enough to use it when required; remembering and responding to the information during a conversation or a lecture. For example taking notes in the class while listening to teacher, or when we try to remember a telephone number before writing it down.

INFERENCE

Faisal has medium working memory which means he can attend to and immediately recall information just seen or heard. He is likely to find it fairly easy to follow directions beyond the first steps and remember the correct set of steps in complex activities like writing essays. Faisal may need help in mathematical computations that involve multiple steps, such as long division. He may need help with writing long sentences and paragraphs in order to do well in mathematics and related subjects.



Fluid Reasoning

Low Medium High

DESCRIPTION

Fluid Reasoning is brain's ability to take in new information without the benefit of practice or experience. Fluid Reasoning is required to understand the significance of pictures or drawings showing abstract designs like maps and geometric shapes. It is also important to keep making effort to solve a problem even when full information is unavailable. Fluid Reasoning enables us to make sense of visual or verbal patterns and to develop a plan to examine a range of possible solutions to a problem. Please note that Fluid reasoning always requires Working Memory, but working memory does not always result in fluid reasoning.

INFERENCE

Faisal's score is low on this dimension which shows that he struggles to recognize, form and understand new concepts and needs help in this area. Faisal also faces difficulty in identifying relationships among patterns and drawing inferences from information that is presented. Faisal is not able to transfer and generalize information to new situations. He also requires help in understanding the implications of an issue or an action, engage in complex problem solving and concept formation. Doing quantitative reasoning needed for understanding and computing Mathematics is difficult for Faisal.



Verbal Knowledge

Low Medium High

DESCRIPTION

Verbal Knowledge is the ability to understand the meaning of words easily and express thoughts and ideas in terms of correct meanings of the words. It is also important to use words appropriate to a particular context. For example, it allows us to understand that AIDS vaccine was “discovered”, not “invented”. Verbal Knowledge is critical to comprehend phrases, sentences, idiom and colloquialisms. This allows us to have a more nuanced understanding of different situations. While Verbal Knowledge is strongly related to academic performance, it is more general than reading and also includes practical knowledge of how things work.

INFERENCE

Faisal has high score on verbal knowledge which means he can easily understand the meaning of words and express thoughts and ideas in terms of correct word meanings. Faisal shows high ability in expressing thoughts and ideas appropriate to a particular context and comprehend phrases, sentences, idioms and colloquialisms. Faisal can easily learn a second language as well. Faisal can read and understand complex textual content. He can use this ability to interact effectively with his environment.

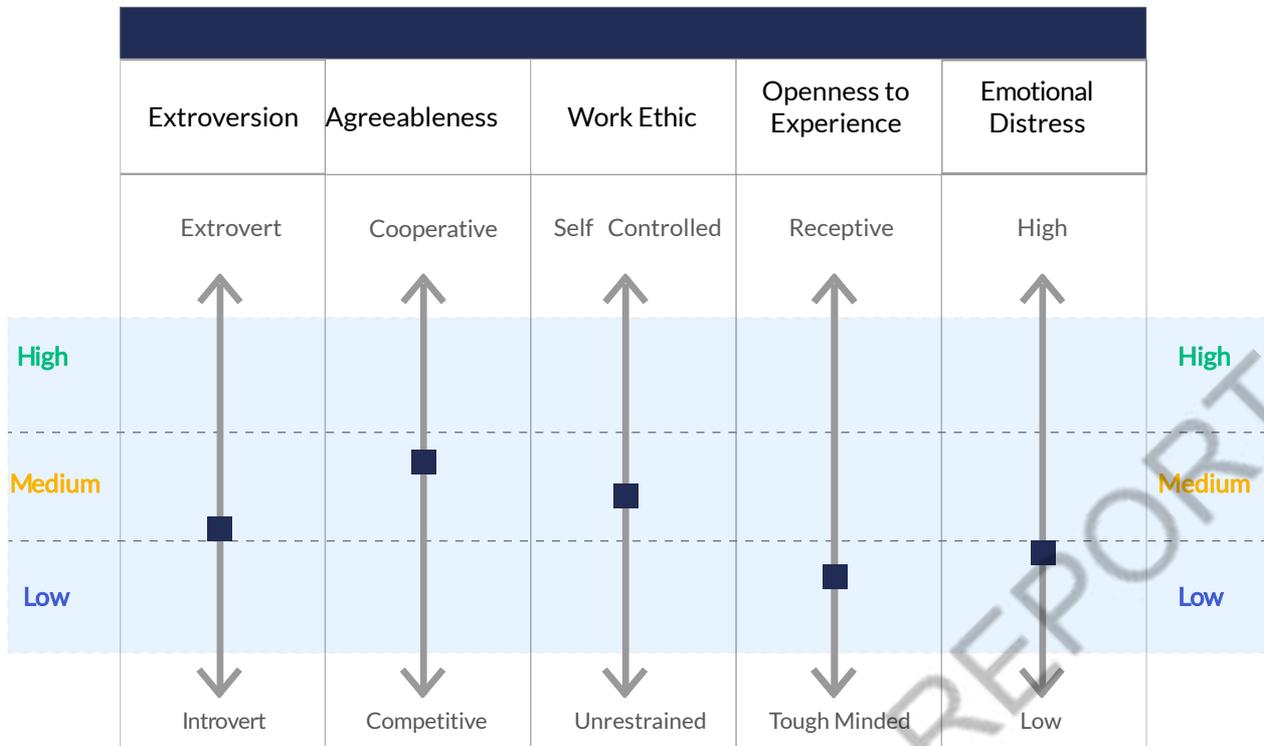
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Personality



Description

Personality refers to the set of traits that are relatively stable, consistent and enduring patterns of thought, feeling and behaviour of an individual. Unlike intelligence, having high score on any trait is not regarded as good and low score is not viewed as bad. Rather a score toward either end of the scale increases the likelihood that the trait defined by the pole will be apparent and distinctive in the individual's behavior. Depending on a particular situation, that trait may have positive or negative effects.



Extroversion
Low Medium High

DESCRIPTION

Extroversion scores indicate the degree to which people like to be with or around others, want to be noticed by others, and want to devote energy to initiating and maintaining social relationships. People with high score on extroversion tend to be active, assertive and sociable. People with low score tend to be quiet, shy and reserved. It is easy to see Extroversion as good and Introversion as bad. Although extroverts work well with others, people with extremely high scores struggle to work alone and have a tendency to seek attention. Introverts are cold but not hostile.

INFERENCE

Faisal's level of extroversion is medium indicating that there is no clear preference between being extrovert and being introvert, which can be generalized to most situations. Faisal may find it easier to open up with people known to him for a long time, but difficult to connect with new classmates. Faisal is neither a subdued loner nor a jovial chatterbox. He enjoys time with others but also time alone. This trait does not play a major role in how Faisal behaves on a day-to-day basis.



Agreeableness
Low Medium High

DESCRIPTION

Agreeableness represents the degree to which a person acts in a cooperative, unselfish manner. People with high scores in Agreeableness are known as altruistic, trusting, modest and cooperative. People with low score are known as skeptical, proud and competitive. While, you may want to label a low score in Agreeableness as "bad", remember that people with a low score may find it easy to take decision independently when the situation demands it. However, those with extremely low scores are difficult to get along with because they tend to be argumentative and they have difficulty accommodating others.

INFERENCE

Faisal's level of Agreeableness is medium indicating that there is no clear preference between being cooperative and being competitive, which can be generalized to most situations. While Faisal may behave more cooperatively in a familiar environment (e.g., at home) or with close friends, his behavior would be competitive with strangers, or vice versa. Faisal shows some concern with others' needs, but, is generally unwilling to sacrifice himself for others. This trait does not play a major role in how Faisal behaves on a day-to-day basis.



Work Ethic

Low Medium High

DESCRIPTION

Work Ethic refers to an individual's sense of responsibility and duty as well as foresight. People with high score in Work Ethic tend to be efficient, reliable and well-organized. People with low score on the other hand tend to be flexible, spontaneous and resourceful. Although, you may seem to think of high work ethic as "good", please note that people with extremely high scores may become perfectionists, and compulsive in their behavior. People with extremely low score are seen as under controlled or unpredictable.

INFERENCE

Faisal's level of Work Ethic is medium indicating that there is no clear preference between being systematic and being spontaneous, which can be generalized to most situations. While Faisal may behave more systematically when the stakes are high (e.g., when exams are approaching), he may behave more spontaneously on most of the days, or vice versa. Faisal is reasonably reliable, organized, and self-controlled. This trait does not play a major role in how Faisal is on a day-to-day basis.



Openness to Experience

Low Medium High

DESCRIPTION

Openness to Experience frequently provides information about a person's way of experiencing the world, or what is often called an information processing style or thinking style. People with high score tend to be imaginative, curious and open-minded. People with low score tend to be practical, down-to-earth and conservative. It is easy to see a high score in openness as good and low score as bad. However, people with a low score find it easy to implement the best solutions from the past.

INFERENCE

Faisal's low score indicates that he rarely experiences strong emotions and seldom pays attention to his feelings of the moment. Such a cool, factual focus is very useful in situations that require alertness to facts and attention to objective issues like the ones required for air traffic controllers and surgeons. Sometimes, Faisal loses interest when people talk about abstract, theoretical matters. In order to become better at adapting to change it is recommended that Faisal should be exposed to new ideas and experiences.



Emotional Distress

Low Medium High

DESCRIPTION

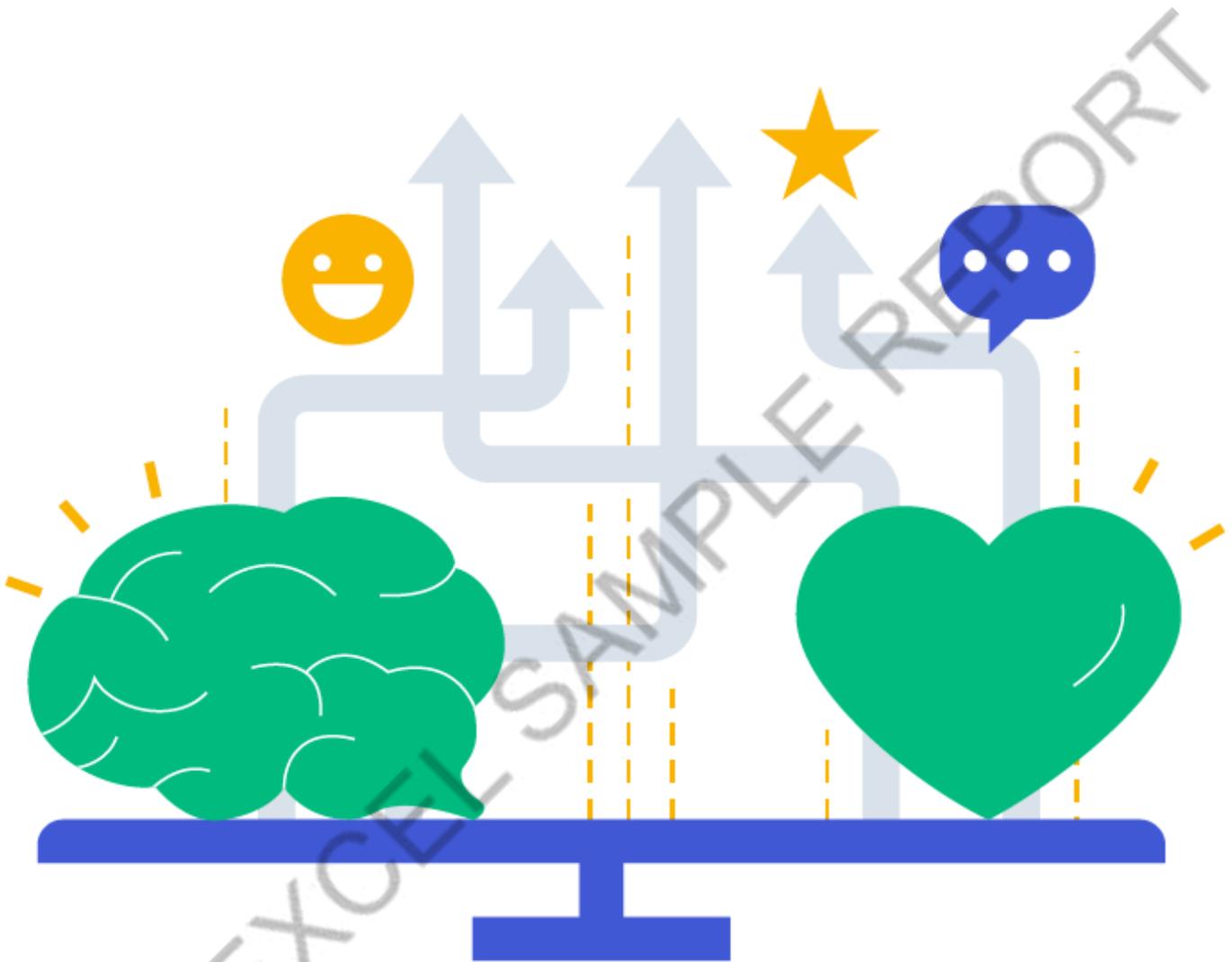
Emotional Distress represents the degree to which a person experiences the world as distressing, threatening, and unsafe. People with high score tend to be anxious, nervous and tense. People with low score tend to be calm, even-tempered and relaxed. While it is easy to see a high score in Emotional Distress as "bad", it would help a person deal effectively with suspicious and hostile people. However, extremely low score may lead to a lack of motivation, especially for difficult tasks. In fact, very low Emotional Distress is related to low levels of academic performance.

INFERENCE

Faisal's level of Emotional Distress is medium indicating that his level of emotional reactivity is typical of the general population. Stressful and frustrating situations are somewhat upsetting to him, but he is generally able to get over these feelings and cope with these situations. When a task or situation is familiar or does not require Faisal to get out of his comfort zone, he is more likely to be calm and relaxed. This trait does not play a major role in how Faisal behaves on a day-to-day basis.

Emotional Intelligence

Low Medium High



DESCRIPTION

Emotional Intelligence is a set of learnable and trainable abilities that can be developed and enhanced in order to help the individual recognise, understand, label, express and regulate the emotions appropriately. An emotionally intelligent individual is able to use the emotions as a guiding force to prioritise and thus help in decision making, irrespective of the level of adversity. E.g. On not being selected to be a part of the school cricket team, one reflects on the reasons for not being selected and works toward improving the areas of shortcomings.

INFERENCE

Faisal is very good at understanding and regulating feelings in self and others. He can accurately understand and label the feelings and does not have any inhibitions while expressing pleasant or unpleasant feelings. The value of emotions is well understood, and he can use the feelings to show a direction to decision making. e.g. If he is very passionate about something, he is able to express that passion by expressing the feelings appropriately. He is the master of his ship of emotions. Congratulations captain!!



Emotional Perception

Low Medium High

DESCRIPTION

Emotional Perception is the ability that helps us to be totally aware of what we are feeling at all time, understanding the non-verbal cues like body language and gestures in order to exactly understand how one is feeling. We use our Emotional Perception ability to communicate that we would feel terror, and not just fear, when we see a truck is advancing towards us on the road. This ability also helps in being empathetic, thus understanding how others tend to feel in a particular situation. Emotional Perception is the most basic of all Emotional Intelligence abilities.

INFERENCE

Faisal is able to easily identify different emotional states in self. He can easily understand feelings like joy, anger, anticipation, fear, etc but has little difficulty to connect with the thoughts and feelings, and to produce desired actions at times. e.g. when there is disappointment because of not performing well in the examinations, he may struggle to understand the reason for underperformance and the feelings that arise. Instead of labelling the feeling as disappointment, he may brood over his performance outcome and may continue to feel sad or angry. He may have trouble in managing emotionally distressing situations.



Emotional Knowledge

Low Medium High

DESCRIPTION

Emotional Knowledge refers to the language of emotions as being understood by the individual. Being able to recognise, understand and label the emotions correctly in self and others helps the individual be smart with the emotions. We use our emotional knowledge to understand that we would feel frustrated if we do not reach the movie theater in time due to traffic. Emotional Knowledge also prepares us to deal with our emotions. For example, a child who has to shift to another city because of one's parents getting transferred will be less concerned the second time than the first.

INFERENCE

Faisal can recognize, label and manage the emotions accurately. He can pinpoint exactly what and how one feels. e.g. When he falls in the corridor while running and is laughed at by friends, it is possible for him to say that he is feeling pain and is also embarrassed. He uses thoughts, feelings and actions to manage the situation and make appropriate decisions. He is self-aware of the different feelings and sensations and is also aware that others may feel the same way. He knows the wisdom behind feelings and uses them as guiding force through challenges. Great going!



DESCRIPTION

Emotional Management refers to being able to utilise the information received from the emotions (wisdom behind each feeling) in order to deal with the situation effectively, after understanding feelings in self and others. Emotional Management thus is activated after we perceive and understand our emotions. We use our Emotional Management ability to think of different options and choosing the best option to deal with a difficult situation. Emotional Management is critical to motivate ourselves when we face a setback.

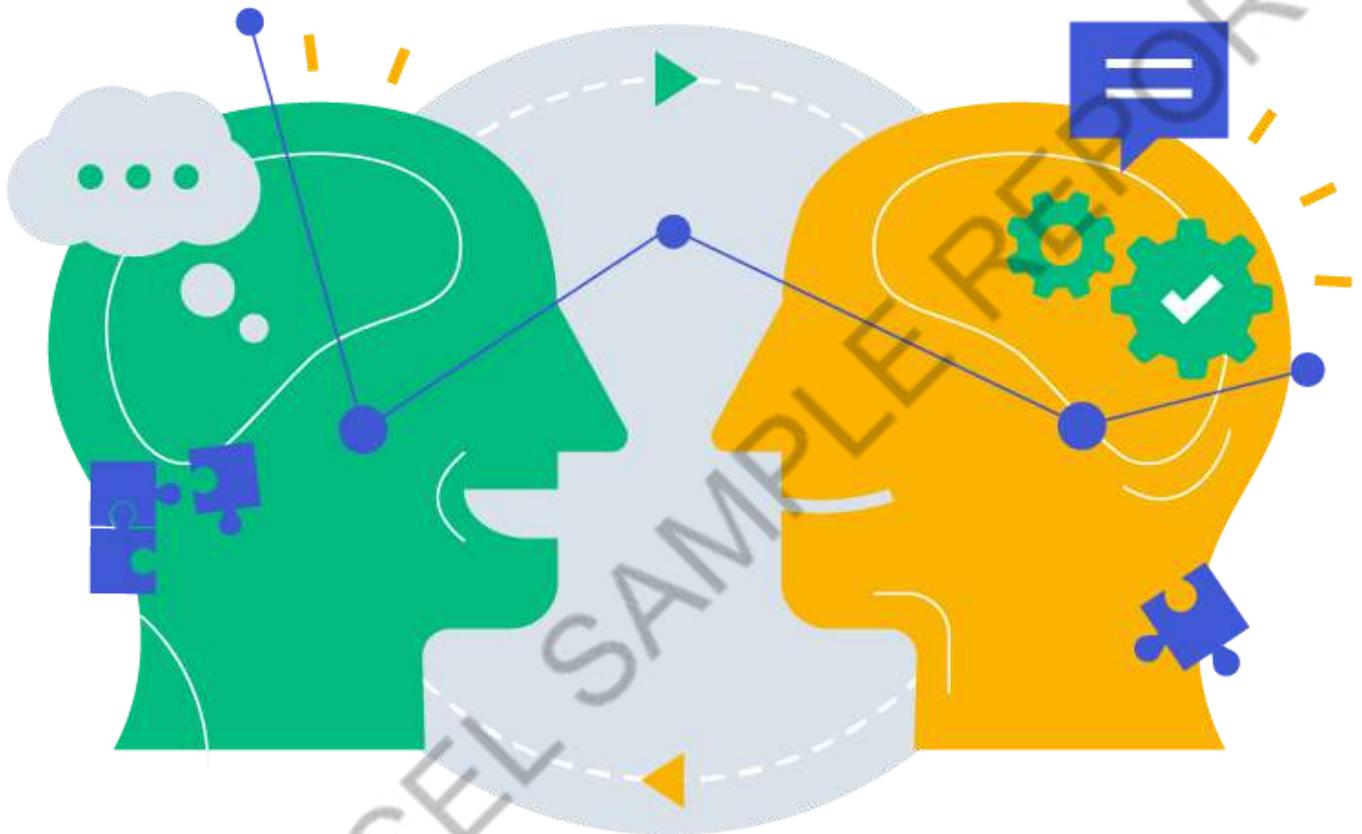
INFERENCE

Faisal can understand and label the emotions and can accurately express them appropriately without holding back. He engages with the emotion and uses its value as a guiding factor. He struggles to choose the best option in stressful situations. He lacks confidence in dealing with emotionally stressful situations and often allows the situation to get the better of self. e.g. When the pleasant emotions are experienced, he is quite confident to deal with situations but when going gets tough, he gets entangled in the emotional roller-coaster and tries to juggle his way out. There are some hits and misses.

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Social Intelligence

Low Medium High



DESCRIPTION

Overall Social Intelligence refers to the ability to perceive intentions and motivations of other people through their verbal and non-verbal cues, in order to anticipate how people in different situations would respond in a given social situation based on understanding their moods. Social Intelligence thus allows us to have better relationships with our friends and family. Social Intelligence also includes the ability to be in charge of the situation and manage the conflicts effectively. We use our Social Intelligence to accept others for what they are or to admit our own mistakes.

INFERENCE

Faisal has an excellent ability to perceive intentions and motivations of other people through their vocal cues, facial expression, language, and behaviours. He can understand how people in different situations would respond in a given social situation and is able to think of multiple solutions to a single problem. He has a unique skill to choose the most appropriate response in a social conflict. In tough situations, he can understand and label the emotions in self and others and uses this information to achieve a desired outcome in an unfamiliar situation and this is a remarkable ability.



Social Perception

Low Medium High

DESCRIPTION

Social perception means the ability to perceive intentions and motivations of other people through verbal and non-verbal cues, express their intentions and motivations accurately when desired. Children use their Social Perception ability to understand that their classmate does not want to share lunch when he is closely holding his lunchbox. It also refers to being able to clearly understand how intentions and motivations are displayed depending on context and culture. Social Perception and Emotional Perception abilities are closely connected to one another.

INFERENCE

Faisal has a reasonably good ability to perceive intentions and motivations of people through their vocal cues, facial expression, language, and behaviour. He can express his intentions and motivations accurately when desired. He can identify deceptive or dishonest emotions and can discriminate them accurately. He has a moderate level of understanding of how intentions and motivations are displayed across cultures and has biased views very often. Eg. Maybe the cabin crew finds me interesting, hence has given a warm smile. He is challenged to respect the other person's view during any discussion but can work appropriately with people.



Social Knowledge

Low Medium High

DESCRIPTION

Social Knowledge refers to the ability to understand the required social norms (rules and regulations and expectations of the society). We use our Social Perception ability to understand that players shouting at one another during a football match is the norm. The individual with social knowledge has the capacity to understand how people in different situations would respond in a given social situation. We use our Social Knowledge to compare how two of our school friends would behave differently if the internet stopped working in the school lab.

INFERENCE

Faisal has a high understanding of the required social norms (rules and regulations and expectations of the society). Based on the score, he is likely to have a high capacity to understand the intentions and motivations of other people. He has a high capacity to understand how people in different situations would respond in a given social situation because of the rich experience. He knows exactly how to behave appropriately in different social settings. He is a peppy member of any group and is very comfortable and happy being in the limelight.



DESCRIPTION

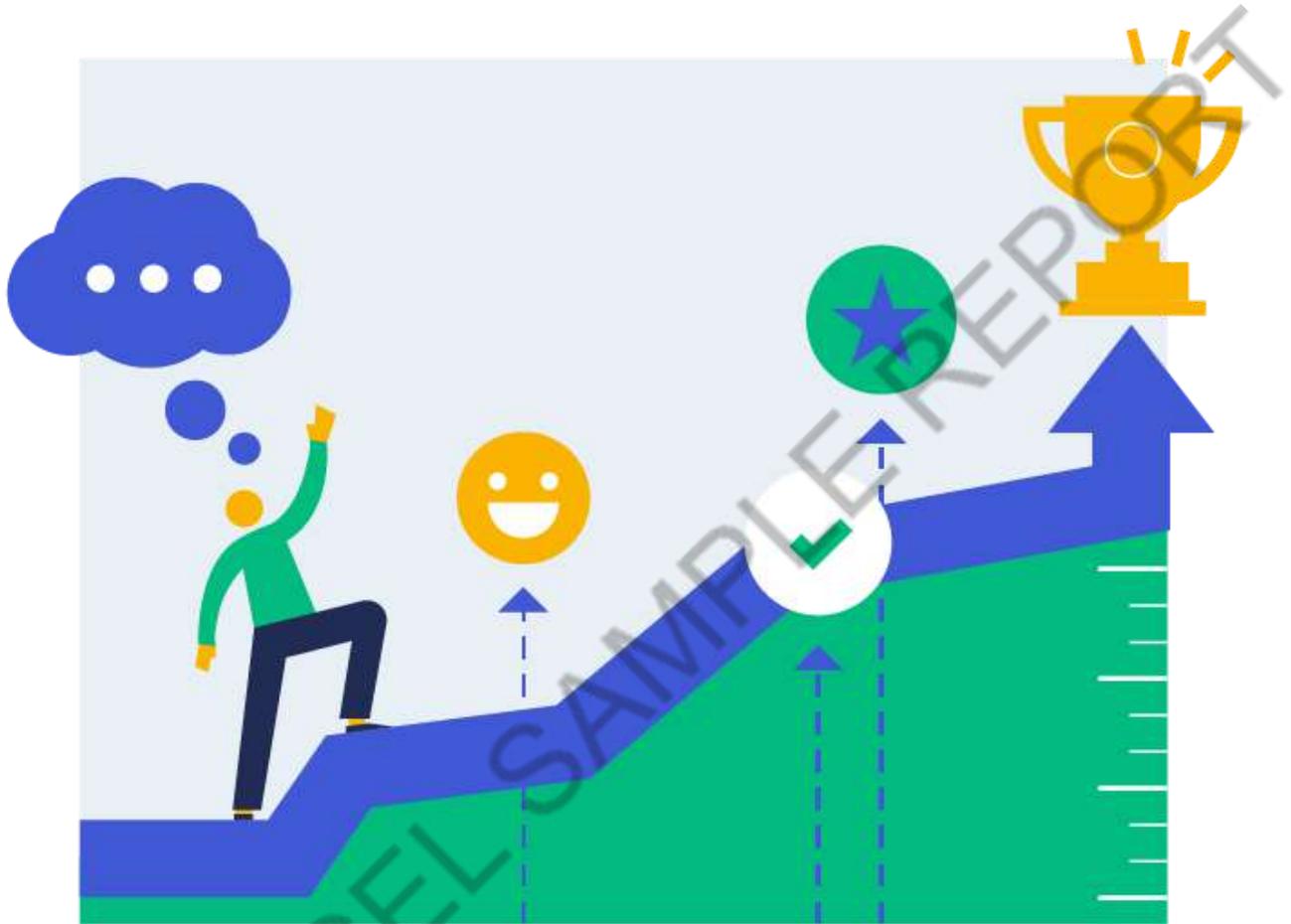
Social reasoning is a set of skills that help the individual be comfortable in the company of others, whether the situation is familiar or unfamiliar. This skill helps to understand the moods of different people around, predict their intentions, appreciate the goodness in others and help resolve conflicts. We use our Social Reasoning to persuade our friends to join us on a trip or to bargain with shopkeepers. We rely on our Social Reasoning to come out of an embarrassing situation.

INFERENCE

Faisal seems to be comfortable in the company of familiar people. He may take a while to start discussions with unfamiliar people. He understands the moods of the people around and can adequately predict intentions of people at times. He can appreciate the goodness in others though lacks skills at conflict resolution.eg. He can sense the moods of people around but can't identify the right moment to take things forward. He can't think of the best strategies for conflict resolution. He is often unsure of the decision he takes as the solution may be momentary.

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Motivation



Description

Motivation is a set of attitudes and beliefs about self that give purpose or direction to behavior of an individual. It can be conscious or unconscious. Motivation determines which goal an individual prioritizes and how persistently one pursues that goal. Among individuals with the same level of skill, motivation influences who would be more effective in learning. This also means that by changing the motivation of an individual one's performance can be changed.



Expectancy
Low Medium High

DESCRIPTION

Motivation Expectancy refers to the confidence reflected by the individual as a result of one's effort to accomplish the desired performance/ goals, the pursuit to constantly increase the efforts to attain a goal, irrespective of the difficulty level, perceiving attaining success in the task undertaken. E.g. The inner desire to be the best batsman and keep breaking one's own record along with the world records kept Sachin Tendulkar chased. Success here refers to playing an exceptional game and not always winning.

INFERENCE

Faisal does not believe that his efforts will result in attainment of desired performance/goals. He lacks self-confidence and sets low standards of goals for himself. He lacks the ability to influence the outcome and gives up even before trying. E.g. When he is trying to learn cycling, if on the first day, he has a fall, then he gives up saying that the task is very difficult, and it's impossible possible to learn. He is not sure of pushing himself to reach the desired outcome. Giving up seems the right thing to do in face of challenges.



Instrumentality
Low Medium High

DESCRIPTION

Motivation Instrumentality refers to being aware and confident of doing a particular task to the best of one's ability and is very sure of receiving a reward for the same. It also refers to knowing what the options are to improve the performance and choosing the best option in order to enhance the level of performance by competing with the self. E.g. Unlearning certain strokes and learning some better strokes and practicing the same in order to get the desired results while improving a game of cricket.

INFERENCE

Faisal does not believe that he will receive a reward if his performance expectations are met. He remains unsure of what he is good at and hence does not attempt many tasks. He believes that the reward is same for all performances and hence is not able to discriminate the effort. He is very low on commitment and perseverance. E.g. He is overweight and wants to acquire the desired weight. Because the task is extremely difficult, instead of trying, he does not even attempt to reach the goal. He says that such a task is impossible and farfetched.



DESCRIPTION

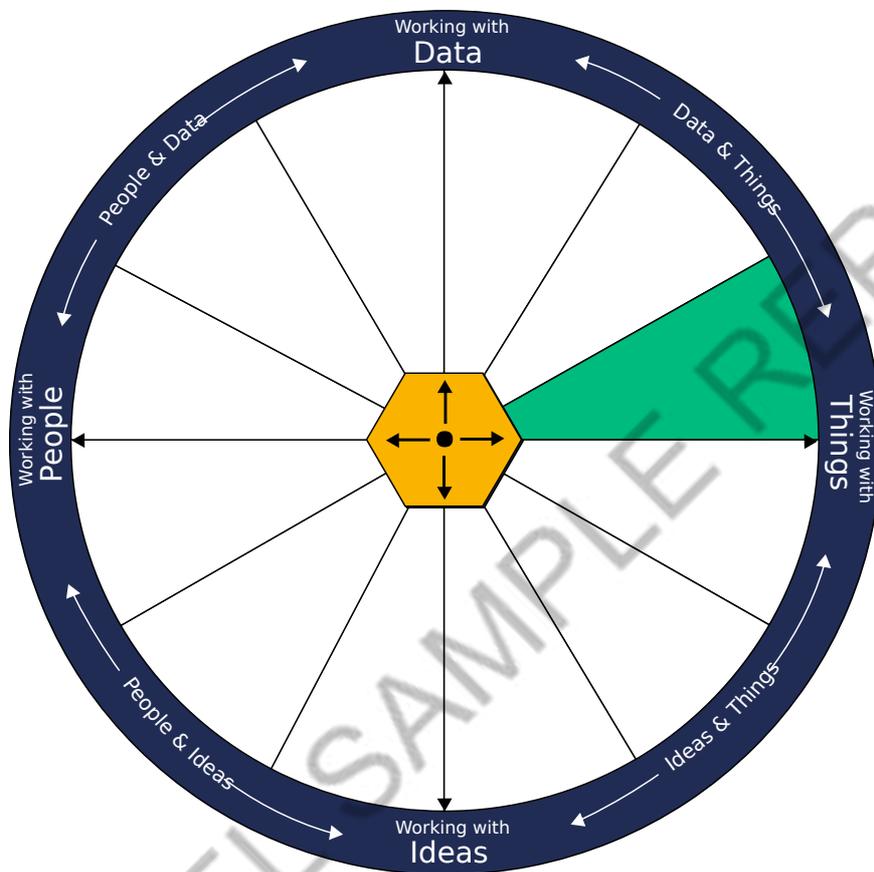
Valence motivation refers to how passionate and interested we are in the reward or outcome of a task. Knowing our level of internal satisfaction in completing the task is important in reaching our desired goals. Valence motivation also explains why we do certain tasks even when there is no appreciation for the task. For example, friends gossiping in a classroom. Our level of Valence motivation also tells us how much we would enjoy accomplishing the goals we set out for ourselves. For example, qualifying for admission into a reputed college.

INFERENCE

Faisal's score speaks about his passion and level of interest while engaged in a task. His internal satisfaction is directly proportional to the possible reward. He lacks interest while working on a task. eg. He struggles to perform well in the given subject because he dislikes the subject and does not have a clear understanding of the same. He rarely puts in efforts because he is not bothered about the outcome of his performance. There is no desire to continue working on the task and thus he chooses to give it up soon.

AIM2EXCEL SAMPLE REPORT

Interest



DESCRIPTION

Interest refers to a liking/disliking state of mind accompanying the doing of an activity, or the thought of performing the activity. Hence, individuals can be differentiated in the type of activities and environments they prefer. Unlike intelligence, preference for one interest type over others is not regarded as good or bad. Rather a high score on one interest type basically means that activities and environments related to that type will be distinctive in the individual's behavior. Also, having interest in an activity is different from being good at it.

INFERENCE

Faisal likes to work with Things. Things refers to machines, tools, living things and materials such as food, wood and soil. Things tasks involve non-personal processes such as producing, servicing, repairing and transporting.



Doer

DESCRIPTION

Faisal's score is high on this interest area which indicates that he enjoys building and fixing things and adventurous activities. Faisal enjoys work that happens outdoors and involves physical activity. He likes working with tools and machinery, including computers and computer networks. If something breaks, he is more likely to try to fix it himself than send it out to be fixed. He is interested in action rather than thought and prefers concrete problems to ambiguous, abstract problems. He would rather avoid dealing with people, abstract ideas and lots of data.

WORDS THAT DESCRIBE FAISAL

- Down-to-Earth
- Hard-Working
- Reliable
- Adventurous
- Sensible
- Athletic
- Practical



Organizer

DESCRIPTION

Faisal's high score on this interest area indicates that he likes structure, teams and organization. He pays close attention to detail and takes great care in doing things right the first time. Faisal prefers working indoors and pays close attention to details. He is likely to have high standards for himself. However, he does not show a distinct preference for working with people. He avoids work that does not have clear directions or activities that involve self-expression like drawing, painting, creative writing and photography.

WORDS THAT DESCRIBE FAISAL

- Team Player
- Dependable
- Organized
- Friendly
- Careful
- Trustworthy
- Practical



Creator

DESCRIPTION

Faisal's high score on this interest area indicates that he enjoys art, appreciates music, drama, writing, cooking and visual art and is free-spirited and fiercely independent, often emotional. He values aesthetic qualities and has a great need for self-expression. He likes to use his intuition and originality to develop new ideas. In this way Faisal is similar to thinker. However, he is more interested in cultural-aesthetic pursuits than scientific ones. Faisal finds the most satisfaction in environments that have variety and change. Faisal would rather avoid activities that are highly structured or repetitive.

WORDS THAT DESCRIBE FAISAL

- Independent
- Original
- Idealistic
- Expressive
- Unconventional
- Impulsive
- Creative
- Imaginative

The background features a dark blue map with a grid of streets. Scattered across the top half are colorful confetti pieces in shades of yellow, green, and blue. In the lower right, a hand holding a pen nib is visible, pointing towards the center. A large, faint watermark reading "AIM2EXCEL SAMPLER REPORT" is oriented diagonally across the page.

Developmental plan

Development Plan

"While we tend to remember our limitations more, we act on our strengths!-Mihaly Csikszentmihalyi"
Hence, we want Faisal to enhance areas where he is already doing well. Also, we want Faisal to work on only those limitations which may hinder him to realize his potential. For each of these areas, below you can find strategies and interventions that has been designed to facilitate change and result in improved outcomes for Faisal. These recommendations follow the 4P principles of being prescriptive, positive, practical and possible to implement. Depending on your expectations from AIM2EXCEL program, our Counselor will create roadmap for Faisal to act on the development plan.



TALENTS



Verbal Knowledge

Low Medium High

It is recommended that Faisal needs to be engaged in activities and opportunities that continue to showcase his Verbal Knowledge. This would boost Faisal's confidence and rate of success in academics as well as other areas of life. For example, provide him with opportunities for reading and writing to build his vocabulary and expression further. He should be given a good dictionary and thesaurus to encourage him to find and learn new words and play word games like crossword. This will help strengthen Faisal's skills and help him in communication and life skills.



Working Memory

Low Medium High

It is recommended that Faisal needs to be engaged in activities that continue to strengthen his Working Memory. For example, Faisal needs to practice the recalling of longer sequence of digits or numbers from memory. He should be exposed to opportunities where he can showcase his Working Memory. For example, game of chess where success is a function of the number of future-moves one can keep in memory. Public Speaking and debating would also allow Faisal to further build his ability to use his Working Memory to make an argument and communicate effectively.



STRENGTHS



Emotional Knowledge

Low Medium High

Faisal needs to work in the area of emotional knowledge. Being equipped with the emotional vocabulary Faisal can understand the situation better after expressing what one is feeling. Emotions contain data, so Faisal should learn to label emotions accurately. Recognizing emotional patterns helps in connecting behaviour and feeling. Once this is understood, Faisal can think of different possibilities to navigate through the stressful moments. Thereafter Faisal can think ahead of the impact of any situation on his or other people's feelings. Identifying and acknowledging one's feelings will help Faisal to avoid emotional resistance and instead appropriately deal with the feelings.



Social Knowledge

Low Medium High

Faisal has a commendable skill in social knowledge. To work effectively in a team, he needs enough knowledge and social relevance/impact of different culture. He should be encouraged to maintain a journal to express one's views/feelings. Complex social situations can be given, and he can think of possible solutions that would work effectively and are most appropriate. Faisal should read more about different relevant social norms and practices. E.g. in order to be a part of the student council and receive a badge of honour during investiture ceremony, Faisal needs to work towards service and popularity.



Emotional Management

Low Medium High

Faisal understands each emotion has a message to give us and the wisdom behind each feeling. Faisal works on strategies including breathing, visualization, imagery and relaxation techniques in order to manage intense emotions effectively. Faisal continues to focus on linking feelings to values, beliefs and goals. Prioritising values at intervals will help Faisal know the core values without compromising. Gaining clarity over his core values will allow him to handle conflicts. Ask yourself, what is it that I value the most? How important is that value to me? What will happen if I have to give up that value?



LIMITATIONS



Fluid Reasoning

Low Medium High

Several recommendations are made based on Faisal's limited Fluid Reasoning ability. Real objects and manipulative materials, along with verbal descriptions should be used to teach new concepts to Faisal. While learning to solve quantitative problems easily, he should pay close attention to the proper sequence of steps that can be memorized as verbal instructions. For tasks that require him to arrange objects in space (creating maps, playing with LEGO-type toys, putting together puzzles), he should be provided clear verbal instructions.



Instrumentality

Low Medium High

It is important for Faisal to understand that passion, interest and knowledge is required to derive satisfaction from what is being done. The parent/teacher should point out that learning a particular subject may help Faisal gain employment in his chosen profession. It is also important to understand how failure to learn a certain subject may result in exclusion of the subject from his desired career or field which may be irreversible. It's important to identify outcomes that Faisal values and draw a connection between areas to be improved on and the favourable outcomes of it.



Valence

Low Medium High

Faisal is finding it difficult to be motivated due to valence. The parent/teacher should not necessarily attempt to replace Faisal's value system with his own. It is advisable to recognize his existing perceptions of various learning outcomes and attempt to relate those outcomes to impact the effort towards learning. E.g. if he is wanting to take up professional tennis, and tends to be very short-tempered, it is suggested that the individual works on managing the temper as it would have an adverse effect on the way he plays the game.

Career Path



DEFENSE

Army officer is one the most respected careers. It provides a life full of adventure and helps you to do something unique. The perks of being in army are very high. But it requires a strong determination to put nation before self. There are various ranks and entrances.

Knowledge&Skills

- Defence personnel should be dedicated to defend the nation.
- They should be physically and mentally robust, Responsible, Disciplined and a team player.
- They should possess Excellent interpersonal skills.
- Competent in taking on specialist duties and skills such as engineering, air traffic control, training and administration.
- Defence job involves commanding, training and leading subordinate personnel.

Pros&Cons

- Pros
 - Job Security: Once you are selected you can't be fired unless injured heavily or on disciplinary grounds.
 - You Get to Learn New Skills: The military emphasizes on the constant and consistent learning of its soldiers.
- Cons
 - Rank Is Always Greater than Age: Your age is not the same as your rank and that might demotivate you.
 - You Can't Quit: You will sign a contract at the time of joining and you will complete the years of service that you commit.

Education

For pursuing career in Indian Army, one needs to qualify NDA exam (National Defence academy) and for NDA, the student must have completed his 10+2 in science stream. Only boys are eligible for NDA, girls can apply for Indian Army after graduation through combined Defence Services Exam. For medical students, army conducts AFMC (Armed forces medical examination) through which both girls and boys could apply for medical services in armed forces of India.

Top Recruiters

- Indian Army

Top Colleges

INDIA

- NDA

ABROAD

No College

Career Path



SOFTWARE ENGINEERING & IT

Software engineers specialize in either computer software applications or computer software systems. They analyze users' needs and then design, test and develop software by applying the theories and principles of computer science and mathematical analysis. Computer and information technology play a prominent role in our daily lives and in the business world, so there is a constant need to develop new software.

Knowledge&Skills

- An excellent working knowledge of hardware, software and programming languages (e.g. Javascript)
- The ability to develop and interpret technical plans
- A creative approach to problem solving
- An excellent understanding of CASE (Computer Aided Software Engineering) tools
- Excellent communication and marketing skills are also desired.

Pros&Cons

- Pros
 - Professionals in this career earn high salary packages
 - There is a high demand of IT professionals
- Cons
 - Competition in this field is global and you have to be ready to cope with this pressure
 - Technology is changing every day. You have to keep yourself very active and updated otherwise you will be left behind in the race.

Education

Aspiring software engineers usually major in computer science, computer information systems, software engineering or mathematics. Some students take programming and software engineering classes to supplement a degree in another field, such as accounting, business or finance. You can also pursue relevant certifications offered by software vendors and training institutions.

Top Recruiters

- HCL
- Microsof
- IBM
- Apple Inc.

Top Colleges

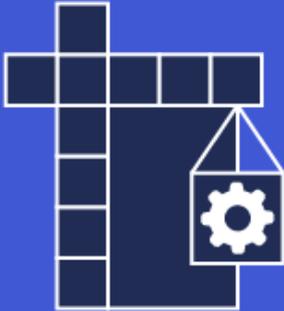
INDIA

- IT Bombay
- IIIT Hyderabad
- IIT Kanpur
- BITS PILANI

ABROAD

- Massachusetts Institute of Technology (MIT)
- Stanford University
- University of Cambridge
- National University of Singapore (NUS)

Career Path



CORE ENGINEERING

Engineering is the application of scientific knowledge to solving problems in the real world. While science (physics, chemistry, biology, etc.) allows us to gain an understanding of the World and the Universe, Engineering enables this understanding to come to life through problem solving, designing and building things.

Knowledge&Skills

- The most basic ingredient that identifies you as an engineer is The knowledge in your field of study.
- The contemporary workplace makes it inevitable for engineers to work in inter-disciplinary teams with projects that involve skills and tasks that are multi-disciplinary in nature.
- Engineering is fundamentally about solving problems, and that means finding new ways to apply existing knowledge—a truly creative process.
- Engineering requires problem solving, Use a logical and creative approach to solve complex Engineering problems.

Pros&Cons

- Pros
 - Engineers often escalate to management positions and earn good money over the life of their careers.
 - Great salary right out of college.
- Cons
 - the work can be stressful - especially when the equipment or structure has the potential to impact human life.
 - Workload can be unpredictable and at times very high.

Education

Most colleges have eligibility criteria of minimum 50% aggregate marks in Class XII / and some of minimum 60% and candidate must have passed class 12th or senior secondary examination with at least 50% marks including English. Some of the colleges considers Joint Entrance Examination Main (JEE Main) and Joint Entrance Examination Advanced (JEE Advanced) for admission and some of the university have their own entrance exams. At under graduation level the child can pursue B.Tech in selected branch, whereas for post-graduation the child can pursue M.Tech.

Top Recruiters

- Larsen & Toubro
- Apple Inc.
- ArcelorMittal
- AirbusGroup Limited

Top Colleges

INDIA

- Indian Institute of Technology
- Birla Institute of Technology & Science
- National Institute of Technology
- Indian Institute of Technology (Indian School of Mines), Dhanbad

ABROAD

- Massachusetts Institute of Technology (MIT)
- Stanford University
- University of Cambridge
- National University of Singapore (NUS)

Disclaimer

This report represents a consensus interpretation of the meaning and possible implication of Faisal's scores on a suite of psycho-educational assessments. This report was developed by a team of psychologists. Its sole purpose is to provide you with information about Faisal so you may perceive him more accurately.

This report does not pretend to be 100% accurate, nor should it be taken as an absolute; all measurements contain some error. Furthermore, people can and do change. Occasionally, you may see statements in this report that do not appear to be totally consistent with each other. This is likely to occur when Faisal has unusual or unexpected combinations of scores.

This report is designed as a tool to use in helping Faisal be successful in school and life and should not be used in isolation for mental health assistance. Reflect on it and use it only for his benefit. This report should not be used as the sole determinant of study-related decisions and use of these scores to estimate Faisal's functioning in other areas should be approached with caution. This report should not be used for legal purposes. The scores are only suggestive in nature. AIM report is CONFIDENTIAL, as the results are kept under strict guidelines and cannot be released to any other party, except yourself and those you give explicit consent to release to.

Parents, teachers or mentors, referring to this report should interpret these scores according to Faisal's context. They should see it in connection to other relevant information. Finally, it needs to be remembered that Faisal can have a strength for a particular area and limitation in the other.

“ Great works are performed not by strength, but by perseverance ”
- SAMUEL JOHNSON

AIM2EXCEL SAMPLE REPORT



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Maximising Potential

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